

\* Diagnosed - 10% - 45% Seek help *(10% - 20%)*

\* Neuroactive Chemicals

\* Personality – Low Self Esteem, Perfectionism, OCD, Difficulty in defining one's self *(I AM)*

\* Common – Model child, Shy, People pleaser, Competitive, *Struggle with Control, Enmeshment & Autonomy*

\* 40% - 60% Sexual Trauma

---

### 1. Boys & Girls Club Camp - Tree



### 2. Ethnic & Family Enmeshment – Alcoholic & Drug Addict, Food issues, Agora Phobia



### 3. Camp & Ski

